

Emotional Intelligence Works Cited

- Goleman, Daniel. (2005). "Emotional Intelligence: Why It Can Matter More Than IQ." Bantam.
- Landry, Lauren. 2019, April 3. "Why Emotional Intelligence Is Important in Leadership," Harvard Business School Online: [Emotional Intelligence in Leadership: Why It's Important \(hbs.edu\)](https://www.hbs.edu/online-learning/online-courses/why-emotional-intelligence-is-important-in-leadership)
- Mental Health America. (2024). [What is emotional intelligence and how does it apply to the workplace? | Mental Health America \(mhanational.org\)](https://www.mhanational.org/what-is-emotional-intelligence-and-how-does-it-apply-to-the-workplace/)
- Psychology Today. (2024). [Emotional Intelligence | Psychology Today](https://www.psychologytoday.com/us/concepts/emotional-intelligence)
- TalentSmartEQ. (2024). [Emotional Intelligence Programs & EQ Skills Training | TalentSmartEQ Home - TalentSmartEQ - Emotional Intelligence Company](https://www.talentsmarteq.com/emotional-intelligence-programs)